

Welcome May

Breakfast

Gaylord A. Nelson Elementary

Milk Choices: White 1% and Chocolate Skim

Juice Choices: Apple, Grape & Orange

Students may select 1 fruit juice, 1 milk and a 1/2 cup serving of fruit in addition to 2 items.

This institution is an equal opportunity provider.

Revised 4/4/2025

Monday

28 Choose:
Biscuits & Sausage Gravy
or
Cereal & Beef Stick
PLUS may select:
Daily Fruit
Choice of Milk
Fruit Juice

Tuesday

29 Choose:
Snack Grahams
or
Cereal
PLUS may select:
Scrambled Eggs
Daily Fruit
Choice of Milk
Fruit Juice

Wednesday

30 Choose:
Turkey Sausage Breakfast Pizza
or
Cereal & Yogurt
PLUS may select:
Daily Fruit
Choice of Milk
Fruit Juice

Thursday

1 Choose:
Cinnamon Roll
or
Cereal
PLUS may select:
Chicken Sausage Links
Daily Fruit
Choice of Milk
Fruit Juice

Friday

2 Choose:
Oatmeal
or
Cereal
PLUS may select:
Cheese Omelet
Daily Fruit
Choice of Milk
Fruit Juice

4
5 Choose:
Mini Donuts (3ea)
or
Cereal
PLUS may select:
Hard Boiled Egg
Daily Fruit
Choice of Milk
Fruit Juice

6 Choose:
Oatmeal Bar
or
Cereal
PLUS may select:
Scrambled Eggs
Daily Fruit
Choice of Milk
Fruit Juice

7 Choose:
Waffle
or
Cereal
PLUS may select:
Beef Stick
Daily Fruit
Choice of Milk
Fruit Juice

8 Choose:
Pancake Breakfast Stick
or
Cereal & Yogurt
PLUS may select:
Daily Fruit
Choice of Milk
Fruit Juice

9 Choose:
Whole Grain Muffin
or
Cereal
PLUS may select:
Cheese Stick
Daily Fruit
Choice of Milk
Fruit Juice

12 Choose:
Snack Grahams
or
Cereal
PLUS may select:
Scrambled Eggs
Daily Fruit
Choice of Milk
Fruit Juice

13 Choose:
Bacon Scramble Pizza
or
Cereal & Chicken Sausage
PLUS may select:
Daily Fruit
Choice of Milk
Fruit Juice

14 Choose:
French Toast
or
Cereal
PLUS may select:
Hard Boiled Egg
Daily Fruit
Choice of Milk
Fruit Juice

15 Choose:
Pancake
or
Cereal
PLUS may select:
Yogurt
Daily Fruit
Choice of Milk
Fruit Juice

16 Choose:
Mini Bagel with cream
cheese
or
Cereal
PLUS may select:
Cheese Omelet
Daily Fruit
Choice of Milk
Fruit Juice OR Smoothie

19 Choose:
Oatmeal Bar
or
Cereal
PLUS may select:
Cheese Stick
Daily Fruit
Choice of Milk
Fruit Juice

20 Choose:
Hot Ham & Cheese Bagel
or
Cereal & Yogurt
PLUS may select:
Daily Fruit
Choice of Milk
Fruit Juice

21 Choose:
Whole Grain Muffin
or
Cereal
PLUS may select:
Scrambled Eggs
Daily Fruit
Choice of Milk
Fruit Juice

22 Choose:
Oatmeal
or
Cereal
PLUS may select:
Yogurt Parfait
Daily Fruit
Choice of Milk
Fruit Juice

23 Choose:
Breakfast Cereal Bar
or
Cereal
PLUS may select:
Cheese Omelet
Daily Fruit
Choice of Milk
Fruit Juice



27 Choose:
Mini Pancakes
or
Cereal
PLUS may select:
Beef Stick
Daily Fruit
Choice of Milk
Fruit Juice OR Smoothie

28 Choose:
Uncrustable
or
Cereal & Hard Boiled Egg
PLUS may select:
Daily Fruit
Choice of Milk
Fruit Juice

29 Choose:
Chicken Sausage, Egg &
Cheese Sandwich
or
Cereal & Chicken Sausage
PLUS may select:
Daily Fruit
Choice of Milk
Fruit Juice

30 Choose:
Mini Cinni
or
Cereal
PLUS may select:
Scrambled Eggs
Daily Fruit
Choice of Milk
Fruit Juice